

Rock Bottom

I took another drink today after promising that I would push it away

The hold it has is a curse on anyone especially me

How do you break the chain, can't get it out of my vein

It has taken the love of my life and all that goes with it

I was too dumb to see what it had done to me and us

Oh how I miss her arms around me at night and in the morning

Now I wake with a hangover alone without my beaut and cans around to boot

Wish I hadn't taken the first or the last

Life and sole when in drink that's what they all think

I only drank to remove the pain there is no gain

To getting smashed, mashed or whatever you call it

Only brings sorrow and sadness sometimes madness

Till you do it again just like the day before and before that

Only another totter can understand the hold it has

Some can and will deny it however if you don't, don't try it

For the dreaded drink will destroy you without any help

It will take your heart and sole and anything else

If you love your life leave it be or come and talk with me

I can tell you how it feels to be alone there are no real friends to be found

In the bottom of that glass only sorrow and pain

Drink makes you lie sometimes that good you even believe it your self that's the thing

But if you're feeling low and nowhere to go stop and think

Do I really need the demon drink?

There are more negatives than positives for letting it pass your lips

So take a step and leave it on the shelf get some help